



# Weekly Updates

November 19, 2023



## Facility Update & Pool Hours

### Parking Lot Closure:

The parking lot will be closed Monday Nov. 20 and reopen on Wednesday Nov. 22.

### *Special Holiday Pool Hours*

Reminder that facilities close 10 min after the pool closes

<b>Wed Nov 22</b> Lap Swim: 6am-2pm	<b>Thurs Nov 23</b> Closed	<b>Friday Nov 24</b> Lap Swim: 7am-10am	<b>Sat Nov 25</b> Lap Swim: 7am-5pm	<b>Sun Nov 26</b> Lap Swim: 7am-5pm
Rec Swim 11-2pm			Rec Swim 11-5pm	Rec Swim 11-5pm

The pool will be closed Sat. Dec 23 to Mon Jan 1, and will reopen Tues Jan. 2.

[VIEW POOL HOURS  
HERE](#)

## Upcoming Events @ LRD



### *Pop-Up from Wise Sons for Precooked Hanukkah Meals*

Let Wise Sons churn out your fried favorites so you can rest easy! All food will come precooked for in-home reheating. All orders must be placed by 9am Tuesday, Dec. 5.

Pick up is on **Thursday, December 7** in the LRD parking lot between 10 & 12pm

[CLICK HERE TO  
ORDER](#)

### *Yoga Update*

Wednesday yoga with Amanda will be on **Monday November, 20 @ 5-5:45pm** & canceled Wed. Nov. 22

Sunday Yoga Rok with Kathy Petrin  
Sundays @ 9:30-10:30am



*Family & Senior Bingo*

Friday, December 15

Please bring finger food to share at your bingo table!



REGISTER FOR YOGA WITH AMANDA

REGISTER FOR YOGA WITH KATHY

RSVP SENIOR BINGO @ 5:30-6:30pm

RSVP FAMILY BINGO @ 6:30-7:30pm



### Speaker Series: Bruce Beron

Join us at LRD on **Sunday, December, 10** for Photography How To's with Bruce Beron

Social Hour: 5:00-6:00pm  
Presentation: 6:00-7:00pm

RSVP TO SPEAKER SERIES

## Aquatics Update

### High School & Youth Fitness Swimming

Looking to continue swimming or get in shape for your high school season? LRD is offering a 4 week session starting next week: Tue Nov. 28 to Fri Dec. 22

- 9-13 yr old, Tuesday–Friday @ 4:15-5:15 pm
- 14-18 yr old, Tuesday–Friday @ 4:15-5:30 pm

### Masters Swimming

**Practice is canceled on Friday Nov. 24.** Coach Dan's last practice is on Monday, November 27. Please welcome new Coach, Andrew Scheiner.

**NEW DAYS & TIME STARTING TUES. NOV. 28:** Mon, Tue, & Th @ 7:15-8:15am



REGISTER FOR FITNESS SWIMMING



REGISTER FOR MASTERS



PLUS 1 TENNIS ACADEMY

## Tennis Update

### Holiday Hours

- Coach Christian will be available and teaching private lessons Monday, **November 20 thru Wednesday, November 22**
- All other programming will be paused **Monday, November 20 thru Sunday, November 26**

### Special Shoutout

- Menlo Knights Girls Tennis Team for Winning CCS
- Special shout to Alexa Hua, Elsa Sonsini, and Kate Hsia for representing Plus 1
- Ethan Davis for excelling in leadership at Woodside Priory

### Coaches-Tip for Tennis Players

Remember to split-step every time your opponent makes contact!

Ladera Rec District  
150 Andeta Way, Portola Valley, CA 94028  
Phone: (650) 854-3242

VISIT OUR WEBSITE



Ladera Recreation District | 150 Andeta Way, Portola Valley, CA 94028

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