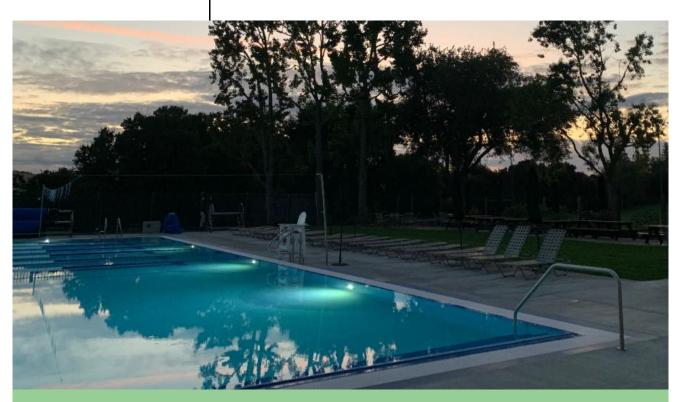


Weekly Updates

November 19, 2023



Facility Update & Pool Hours

Parking Lot Closure:

The parking lot will be closed Monday Nov. 20 and reopen on Wednesday Nov. 22.

Special Holiday Pool Hours

Reminder that facilities close 10 min after the pool closes

Wed Nov 22 Lap Swim: 6am-2pm	Thurs Nov 23 Closed	Friday Nov 24 Lap Swim: 7am-10am	Sat Nov 25 Lap Swim: 7am-5pm	Sun Nov 26 Lap Swim: 7am-5pm
Rec Swim 11-2pm			Rec Swim 11-5pm	Rec Swim 11-5pm

The pool will be closed Sat.Dec 23 tp Mon Jan 1, and will reopen Tues Jan. 2.

VIEW POOL HOURS HERE

Upcoming Events @ LRD

WISE SONS

JEWISH DELICATESSEN = since 5771

CLICK HERE TO ORDER

Pop-Up from Wise Sons for Precooked Hanukkah Meals

Let Wise Sons churn out your fried favorites so you can rest easy! All food will come precooked for in-home reheating. All orders must be placed by **9am Tuesday**, **Dec. 5**.

Pick up is on **Thursday**, **December 7** in the LRD parking lot between 10 & 12pm

Yoga Update

Wednesday yoga with Amanda will be on Monday November, 20 @ 5-5:45pm & canceled Wed. Nov. 22

Sunday Yoga Rok with Kathy Petrin Sundays @ 9:30-10:30am



Family & Senior Bingo



REGISTER FOR YOGA WITH AMANDA

REGISTER FOR YOGA WITH

Friday, December 15

bingo table!

Please bring finger food to share at your

RSVP SENIOR BINGO @ 5:30-

RSVP FAMILY BINGO @ 6:30-



Speaker Series: Bruce Beron

Join us at LRD on **Sunday**, **December**, **10 for** Photography How To's with Bruce Beron

Social Hour: 5:00-6:00pm Presentation: 6:00-7:00pm

RSVP TO SPEAKER SERIES

Aquatics Update

High School & Youth Fitness Swimming

Looking to continue swimming or get in shape for your high school season? LRD is offering a 4 week session starting next week: Tue Nov. 28 to Fri Dec. 22

- 9-13 yr old, Tuesday-Friday @ 4:15-5:15
- 14-18 yr old, Tuesday–Friday @ 4:15-5:30 pm

Masters Swimming

<u>Practice is canceled on Friday Nov. 24</u>. Coach Dan's last practice is on Monday, November 27. Please welcome new Coach, Andrew Scheiner.

NEW DAYS & TIME STARTING TUES. NOV. 28: Mon, Tue, & Th @ 7:15-8:15am



REGISTER FOR FITNESS
SWIMMING



REGISTER FOR MASTERS



PLUS 1 TENNIS
ACADEMY

Tennis Update

Holiday Hours

- Coach Christian will be available and teaching private lessons Monday, November 20 thru Wednesday, November 22
- All other programming will be paused Monday, November 20 thru Sunday, November 26

Special Shoutout

- Menlo Knights Girls Tennis Team for Winning CCS
- Special shout to Alexa Hua, Elsa Sonsini, and Kate Hsia for representing Plus 1
- Ethan Davis for excelling in leadership at Woodside Priory

Coaches-Tip for Tennis Players

Remember to split-step every time your opponent makes contact!

Ladera Rec District 150 Andeta Way, Portola Valley, CA 94028 Phone: (650) 854-3242

VISIT OUR WEBSITE



Ladera Recreation District | 150 Andeta Way, Portola Valley, CA 94028

Unsubscribe manager@laderarec.org

 $\frac{ \mbox{ Update Profile } | \mbox{Constant Contact Data}}{\mbox{Notice}}$

Sent bymanager@laderarec.orgpowered by

